



## Child and Family History & Family Assessment Tool

Dear Parent/Guardian:

Please complete the following questions as best you can. The information you provide to us about the child's health and development will be very helpful in the Early On evaluation process.

*If you need help completing this form, please call (*

### ABOUT THE CHILD & FAMILY:

1. Child's Name: \_\_\_\_\_  
Last First Middle

Sex: ☐ Male  
☐ Female

Birth Date: \_\_\_\_\_  
mo/day/year

Age: \_\_\_\_\_

Ethnic Heritage: Hispanic/Latino? ☐ Yes or ☐ No

Race: ☐ American Indian/Alaskan Native ☐ African American ☐ Asian American  
☐ Hawaiian Native/Pacific Islander ☐ White/Middle Eastern

2. Mother's Name: \_\_\_\_\_  
Last First Middle

Birth Date: \_\_\_\_\_ Telephone: \_\_\_\_\_ Email: \_\_\_\_\_  
mo/day/year (area code) phone number

Address: \_\_\_\_\_  
Street City State Zip

3. Father's Name: \_\_\_\_\_  
Last First Middle

Birth Date: \_\_\_\_\_ Telephone: \_\_\_\_\_ Email: \_\_\_\_\_  
mo/day/year (area code) phone number

Address: \_\_\_\_\_  
Street City State Zip

4. The child's parent/s are: ☐ Single ☐ Married ☐ Divorced ☐ Separated  
☐ Widowed ☐ Living together but not married ☐ Unknown

5. What is the primary language spoken in the child's home? \_\_\_\_\_

6. If the child lives with a guardian/foster parent, is that guardian/foster parent a relative?

☐ Yes. Relationship: \_\_\_\_\_ or ☐ No

Guardian/Foster Parent's names: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Foster Workers Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Foster Care Agency: \_\_\_\_\_

7. Check all the people that live in the child's home:

☐ Mother/Stepmother

☐ Father/Stepfather

☐ Guardian/s

☐ Brothers. How many? \_\_\_\_\_ Their ages: \_\_\_\_\_

☐ Sisters. How many? \_\_\_\_\_ Their ages: \_\_\_\_\_

☐ Other family members, please list: \_\_\_\_\_

☐ Friends/other people, please list: \_\_\_\_\_

☐ Animals, please list: \_\_\_\_\_

## ABOUT THE PREGNANCY:

1. Did the mother have regular prenatal care? ☐ Yes ☐ No ☐ Unknown

How often: \_\_\_\_\_

Doctor's name: \_\_\_\_\_

2. How was the general health of the mother during pregnancy?

☐ Excellent ☐ Good ☐ Fair ☐ Poor ☐ Unknown

3. Were any of the following used during pregnancy?

☐ Cigarettes. If yes, how many per day? \_\_\_\_\_

☐ Alcohol. If yes, how often? \_\_\_\_\_

☐ Illegal Drugs. If yes, which ones? \_\_\_\_\_

☐ Prescription Drugs. If yes, which ones? \_\_\_\_\_

☐ None of the above.

4. Did the mother have any of the following problems or conditions during pregnancy?

- ☐ Diabetes (sugar)  
☐ Emotional Stress  
☐ Injury or serious illness  
☐ Preeclampsia (high blood pressure)  
☐ Unexpected bleeding or spotting  
☐ Other, please describe: \_\_\_\_\_

5. Any additional information about the pregnancy you want to share: \_\_\_\_\_

## ABOUT THE BIRTH:

1. Where was the child born?

Name of the hospital: \_\_\_\_\_

City and State: \_\_\_\_\_

2. How much did the child weigh and how long was the child at birth?

Weight: \_\_\_\_\_

Length: \_\_\_\_\_

3. The child was born:

- ☐ On the due date of \_\_\_\_\_  
☐ Before the due date. By how much? \_\_\_\_\_  
☐ After the due date. By how much? \_\_\_\_\_

4. Was the birth: ☐ Vaginal or ☐ C-Section (surgically removed)

5. Were any of the following used during birth?

- ☐ Pain medication (Epidural)  
☐ Forceps or Vacuum (tool to pull baby out)  
☐ None

6. Were there any problems during birth? ☐ Yes or ☐ No

If yes, explain: \_\_\_\_\_

7. Were there any problems with the child after delivery? \_\_\_\_\_

8. How long did the child stay in the hospital? \_\_\_\_\_ days, the mother? \_\_\_\_\_ days
9. Were there any problems in the first few weeks at home? ☐ Yes or ☐ No  
If yes, please describe: \_\_\_\_\_
10. Did the child pass the newborn hearing screening at the hospital? ☐ Yes or ☐ No
11. Any additional information about the birth: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## ABOUT THE CHILD AND FAMILY'S HEALTH:

1. Was/is the child breastfed? ☐ Yes or ☐ No
2. What does the child typically eat and drink in a day?  
Breakfast: \_\_\_\_\_  
Lunch: \_\_\_\_\_  
Dinner: \_\_\_\_\_  
Snacks: \_\_\_\_\_
3. Does your child cough, gag, choke or get teary eyed when eating or drinking? ☐ Yes or ☐ No
4. How many hours does the child sleep in a 24 hour period? \_\_\_\_\_
5. Has the child ever had:
- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Anemia (low iron)                       | <input type="checkbox"/> Breathing problems | <input type="checkbox"/> Chicken Pox            |
| <input type="checkbox"/> Colic (upset stomach, crying)           | <input type="checkbox"/> Ear infections     | <input type="checkbox"/> Eczema                 |
| <input type="checkbox"/> Frequent fevers                         | <input type="checkbox"/> Heart trouble      | <input type="checkbox"/> Jaundice (yellow skin) |
| <input type="checkbox"/> Measles                                 | <input type="checkbox"/> Meningitis         | <input type="checkbox"/> Mumps                  |
| <input type="checkbox"/> Problems urinating                      | <input type="checkbox"/> Reflux             | <input type="checkbox"/> Rheumatic Fever        |
| <input type="checkbox"/> Rubella                                 | <input type="checkbox"/> Scarlet Fever      | <input type="checkbox"/> Seizures               |
| <input type="checkbox"/> Stomach/Bowel problems                  | <input type="checkbox"/> Whooping Cough     | <input type="checkbox"/> None of the Above      |
| <input type="checkbox"/> Other serious or chronic illness: _____ |   |   |
6. Does the child have allergies or ever had an allergic reaction (bad effect) from any of the following?
- ☐ Outdoor or indoor allergies (grass, pollen, mold, animals, etc.)  
If so, please list: \_\_\_\_\_
- ☐ Food allergies. (peanuts, milk, wheat, etc.)  
If so, please list: \_\_\_\_\_

☐ Medicine or shots. (immunizations, penicillin, etc.)

If so, please list: \_\_\_\_\_

☐ Other allergies.

Please list: \_\_\_\_\_

☐ No, the child has no allergies that I know of.

7. How would you rate the general health of the child?

☐ Excellent    ☐ Very Good    ☐ Good    ☐ Fair    ☐ Poor    ☐ Unknown

8. Are the child's shots up to date? ☐ Yes    ☐ No    ☐ Unknown

9. Date of the first DTP? \_\_\_\_\_

10. When was the child's last physical exam by a doctor? \_\_\_\_\_

11. Where does the child receive health care?

Doctor's name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, ZIP: \_\_\_\_\_

Phone number: \_\_\_\_\_ FAX number: \_\_\_\_\_

12. Has the child had any accidents or injuries? ☐ Yes    or    ☐ No

If yes, please describe: \_\_\_\_\_

13. Has the child ever been hospitalized?

☐ Yes    or    ☐ No    If yes, please tell us about it.

<u>Date</u>	<u>How many days</u>	<u>Illness</u>	<u>Name of Hospital</u>
_____	_____	_____	_____
_____	_____	_____	_____

14. Does the child take prescription medications?

☐ Yes    or    ☐ No    If yes, please tell us about them.

<u>Name of medicine</u>	<u>Amount</u>	<u>How often</u>	<u>For what</u>	<u>Name of ordering doctor</u>
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

15. Does the child take over the counter medications to include vitamins and herbal medicines?

☐ Yes or ☐ No If yes, please tell us about them.

Name of medicine	Amount	How often	For What
_____	_____	_____	_____
_____	_____	_____	_____

16. What medical problems do people in the child's family have?

Family Member	Medical Problem
Mother	<input type="checkbox"/> Alcohol Abuse
	<input type="checkbox"/> Depression
	<input type="checkbox"/> Hearing Problems
	<input type="checkbox"/> Learning Disability
	<input type="checkbox"/> Other: _____
	<input type="checkbox"/> Anxiety (nerve problems)
	<input type="checkbox"/> Diabetes (sugar)
Father	<input type="checkbox"/> Cancer
	<input type="checkbox"/> Drug Abuse
	<input type="checkbox"/> High Blood Pressure
	<input type="checkbox"/> Vision Problems
	<input type="checkbox"/> Other: _____
	<input type="checkbox"/> Anxiety (nerve problems)
	<input type="checkbox"/> Diabetes (sugar)
Sisters	<input type="checkbox"/> Cancer
	<input type="checkbox"/> Drug Abuse
	<input type="checkbox"/> High Blood Pressure
	<input type="checkbox"/> Vision Problems
	<input type="checkbox"/> Other: _____
	<input type="checkbox"/> Anxiety (nerve problems)
	<input type="checkbox"/> Diabetes (sugar)
Brothers	<input type="checkbox"/> Cancer
	<input type="checkbox"/> Drug Abuse
	<input type="checkbox"/> High Blood Pressure
	<input type="checkbox"/> Vision Problems
	<input type="checkbox"/> Other: _____
	<input type="checkbox"/> Anxiety (nerve problems)
	<input type="checkbox"/> Diabetes (sugar)

## ABOUT THE CHILD'S DEVELOPMENT:

1. At what age did the child do each of the following?

Smile: _____	Reach for objects: _____	Name objects: _____
Sit unsupported: _____	Crawl: _____	Walk alone: _____

2. Please check all of the following that describe the child:

- |  |   |
|--|---|
| <input type="checkbox"/> Social, friendly                    | <input type="checkbox"/> Happy                            |
| <input type="checkbox"/> Relaxed, calm                       | <input type="checkbox"/> Shows affection                  |
| <input type="checkbox"/> Pushy, bullies others               | <input type="checkbox"/> Scared, fearful                  |
| <input type="checkbox"/> Cries easily                        | <input type="checkbox"/> Hard to comfort                  |
| <input type="checkbox"/> Clumsy, falls easily, uncoordinated | <input type="checkbox"/> Hyper, restless, can't sit still |
| <input type="checkbox"/> Nervous, worried                    | <input type="checkbox"/> Shy, withdrawn, keeps to self    |
| <input type="checkbox"/> Engages in self-hurting behavior    | <input type="checkbox"/> Rocks excessively                |
| <input type="checkbox"/> Eats inedible objects               | <input type="checkbox"/> Apathetic, listless, no emotions |
| <input type="checkbox"/> Gets angry easily                   | <input type="checkbox"/> Other: _____                     |

3. Do you have concerns about the child's ability to: *Check all that apply*

- |   |   |
|---|---|
| <input type="checkbox"/> Get around (crawl, walk, run)    | <input type="checkbox"/> Talk and listen                                      |
| <input type="checkbox"/> Think, learn, play with toys     | <input type="checkbox"/> Feed, eat  |
| <input type="checkbox"/> Have fun with other children     | <input type="checkbox"/> Look at you  |
| <input type="checkbox"/> Bathe, undress, dress, go to bed | <input type="checkbox"/> Sleep  |
| <input type="checkbox"/> Calm down, quiet down            | <input type="checkbox"/> Relate in a meaningful way with other family members |
| <input type="checkbox"/> See or hear                      |   |

Other, please explain: \_\_\_\_\_  
\_\_\_\_\_

4. Does the child have the opportunity to play with other children near their own age?

☐ Yes or ☐ No How Often? \_\_\_\_\_

5. Has the child ever attended daycare or nursery school?

☐ Yes or ☐ No Name of school/program? \_\_\_\_\_

6. Has the child ever lived away from their parents?

☐ Yes or ☐ No With whom and when? \_\_\_\_\_

**Family Assessment Tool:** *These questions are used to understand your family's resources, priorities, and concerns related to your child's development.*

**About your day:** (e.g., go to the store, give kids a bath, prepare meals, walk the dog)

What happens most mornings?

What happens most afternoons?

What happens most nights?

What happens most weekends?

Which of the above activities you mentioned are going well?

Which of the above activities you mentioned are more difficult?

Which of the above activities you mentioned does your child not like and what makes it difficult or uncomfortable for your child?



**Who are the key family members, other caregivers, or important people who spend time with your child and where?**

**What does your child enjoy and what holds your child's interest (e.g., people, places, things)?**

**What makes your child happy, laugh, and/or smile?**

**Are there activities that you used to do before your child was born that you would like to do again?**

**Are there new activities that you and your child would like to try?**

**Anything else you would like to share about your family and/or child?**

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Parent/Guardian Signature

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Date